January, 2015 Vol. 1 Issue 17

LIVEWELL INITIATIVE

LWI ACADEMY TRAINING EDITION

(RC 692490)

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Editorial Board

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LIVEWELL ACADEMY

With over 1,000 Alumni, the Livewell Initiative Academy (LWIA) is the training unit of LWI which was launched in February 2011 by the then CBN Governor, Mallam Sanusi Lamido Sanusi now Emir of Kano. The objective of the academy is to train and empower health and non-health professionals through courses in public health and management, so they can deliver excellent services in their various fields of endeavour.

LWIA Training Programmes are delivered at various locations including: the Protea Hotel, lkeja GRA, Elion House Hotel Ikoyi, and Protea Hotel Brands nationwide, Novotel in Cotonou and Lome, and Fiesta Royale in Accra Ghana and also venues in Capetown and Dubai are being contemplated.

LWIA Faculty: LWIA Faculty has its global team lead and faculty lead (Clinical), Prof Gary H Smith; a Pharmacotherapy Consultant based in Arizona, USA. The Faculty Lead (Behavioral Sciences) is Mr. Funto Akinkugbe of the Commonwealth Business Council AfricaRecruit Project (FJA Jobs) while the Faculty Lead (Management) is Prof Miguel Ungueta of UCLA Anderson School of Management, Carlifornia USA. The LWIA Faculty, which is very rich and vast, are composed of approximately 52 Faculty Members distributed within the 6 Faculties of LWIA; including the brilliant LWI-Finnish Doctoral candidate.

LWIA-Finnish Collaboration: LWIA has entered into a collaborative Doctoral Research Project with the University of Helsinki in Finland. LWIA is the secondary supervisor while the University is the primary supervisor and awarder of the degree. The doctoral researcher is Faculty Officer at LWIA and she doubles as a Principal Programme Officer in the organisation's Grants Funding & Strategy GFS department.

Corporate Clients and Alumni: Our Alumni and Corporate Clients include GTBank, Stanbic IBTC Bank, British Gas, American GQ, GSK Nigeria, FSDH Merchant Bank Plc, UTC Nigeria, Megacare Group, Union Bank Nigeria PLC, Babcock University, Lagos State Government, Lagos Business School, Megacare Group, Des Moines University Iowa USA, , MedPlus, HealthPlus among others.

LWI Structured Internship and Student Rotations- The organization has hosted several undergraduate internship programmes from tertiary institutions from within the country, 182 Public Health students from Babacock University (2008-2014), 3 Post-graduate Resident Interns from the West African Postgraduate College of Pharmacists (2014) Masters of Public Health student from Des Moines University Iowa (USA,2008), 10 Undergraduate Pharmacy students from the University of Lagos (2012-2014), one Industrial Relations undergraduate from the Lagos State University(2013) and a few Private Public Health undergraduate student interns (2013).

LWIA OPEN TRAINING CALENDAR 2015

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LAGOS | OGUN STATE | ABUJA | PORT HARCOURT

LAGOS OGUN STATE A		•				11	A	Ca	Oct	
FACULTY THE PROMOTION AND EDUCATION	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov
1. HEALTH PROMOTION AND EDUCATION										
Training Program in First Aid/CPR with American Red Cross Certification 1 Day. N30,000 for Healthcare Professionals, Bankers and Logisticians OGUN STATE	18		15		4		10		20	
Training Program in HIV/AIDS treatment and counseling. 1Day, N30,000			10		17				15	
Medication Therapy Management MTM and Disease State Management: Diabetes Education.2Days. N35,000			22- 23		17- 18				14- 15	
International Certification Training Program in Immunization APhA (USA)	25-		23		10				15	
Certification.2 days. N75,000 OGUN STATE	26	24				22				
Health and Safety Course for Managers and Staffers.1day .Per Group(N235,000), per person (N15,500)		24- 26				22- 24				
Training on Cervical Cancer Screening, Prevention and Early Detection using VIA. 1Day N22,500 for Nurses, doctors and healthcare givers		4			8			11		
EBOLA MITIGATION: Personal Hygiene, Hand Washing and Asepsis. 1Day N150,000 (Group) OGUN STATE	17		12							19
Training on Management of Cold, Flu, Asthma and others. 1Day N17,500				6			13			
Pain Management. 1Day N15,000	12				11					
Training on Self Care in Hypertension and Diabetes. *** 1Day N15,000						15- 16				
Safety in the Workplace. 1Day Per group (N226,500), Per person (N13,500).		16			12	10				12
Health and Safety Training for office assistants, cleaners, junior and domestic employees. 1 Day per group (N235,000), per person N15,500										
Health, Safety and Environment HSE Training. 1 Day. Per group N350,000, Per person N17,500 <i>OGUN STATE</i>		10- 12					17-19			
Wellness Champions Certification Training for Companies & Conglomerates, 2 Days. Per group N500,000, Per person N35,000				13						
Drivers and Transport Officers' Health and Safety course. 1 Day Per Group N355,000, Per Person N19,500			8-10							
Advanced Health Promotion and Pre Screening: a <i>specialized health forum</i> . Per group N250,000, Per Person N12,500.						8				
Nutrition and Wellness Seminar for today's Executives. 1Day Per group N250,000, per person N10,500		5			9			9		
2. BEHAVIOURAL AND SOCIAL SCIENCES.										
Self Branding and Superior Communication Skills.1 Day N18,500			16						8	
Etiquette, Body Language and Simple Courtesies. 1Day .N18,500			22						19	
Training Program on Patient Hospitality. 1Day N17,500					25					18
Training Program on Adherence, Concordance and Clinical Governance.1 Day, N17,500					19					
Emotional intelligence and coping skills . 1 Day Per group N355,000, Per person N19,500	4						5			
Executive Health Seminar series: <i>Balancing Work and Life,</i> 1day Per Group (N250,000), Per person (N10,500)	9							8		
3. MANAGEMENT AND ADMINISTRATION.			İ							
Management and Organizational Behavior (EI) 1 Day.N15,500		18				3				
Goal Setting. 1Day. N13,500		19				4				
Responsibility, Authority and Accountability.1 Day N17,500		20				5				
Project Management in Healthcare 1 Day. N15.000			7					2		
Project Performance Management. 1 Day. N30,000			9					4		
Logistics Chain Management. 1 Day N15,500				19			25			
4. EPIDEMIOLOGY/BIOSTATISTICS										
Research Methodology and Biostatistics. 1 Day Per Group(235,000.) Per Person N15,500.		27						16		
5. OPEN FACULTY										
* all -year -round Internships fees from N20,000 (see brochure)										
Student Exchange Programmefees from USD 125(see brochure)										
Work Experience Internships (Matured Managers).										
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^{**} Demand-driven courses, customized dates; minimum class of so people will determine date

^{***} Self-care does not replace hospital care; it only supports it

LWIA OVERSEAS TRAINING CALENDAR 2015

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LOME ACCRA C	CAPETOWN DUBAI
Quarter 1: January – March 2015 Soft Skills Training - Advanced Communication Skills, Work and Business Etiquette, Body Language & Critical Conversations	Quarter 2: April – June 2015 Logistics Chain Management
 [3 Days] Per Person \$2,500 American Red Cross Certification: Training Program in First Aid/CPR/BLS Basic Life Support / Techniques [3 Days] Per Person \$2,700 Nutrition and Wellness Retreat Seminar for Today's Executives [4 Days] Per Person \$2,795 International Certification Training Program in Immunization APhA (USA) [3 Days] Per Person \$1,800 * Executive Health Seminar and Retreat: Balancing Work and Life [5 Days] Per Person \$3,200 Health, Safety and Environment Training [2 Days] Per Person \$2,875 Drivers' and Transport Officers' Health and Safety Course [2 Days] Per Person \$1,800 EBOLA MITIGATION – Hand washing and Asepsis [2 Days] Per Person \$1,500 Research Methodology and Biostatistics 	 [3 Days] Per Person \$2,900 Health and Safety Training for Office Assistants, Cleaners, Junior and Domestic Employees [2 Days] Per Person \$1,950 Wellness Champions Training and Certification Course – for companies & conglomerates [2 Days] Per Person \$2,100 Training on Self Care in Diabetes and Hypertension [2 Days] Per Person \$1,900 Project Management in Healthcare [5 Days] Per Person \$2,750 Medication Therapy Management and Disease State Management: Diabetes Education, APhA (USA) Certification [2 Days] Per Person \$2,100 American Red Cross Certification: Training Program in First Aid/CPR/Basic Life Support / Techniques [3 Days] Per Person \$2,700 Executive Health Seminar and Retreat: Balancing Work and Life [5 days] Per Person \$3200 Safety in the Workplace [3 Days] Per Person \$2100 Emotional Intelligence and Negotiating Skills
Quarter 3: July – September 2015 Advanced Strategic and Project Management Skills	Quarter 4: October – December 2015 Project Performance Management and Strategic Forecasting Techniques
 [3 Days] Per Person \$3,750 Training program on Adherence, Concordance and Clinical Governance in Health Systems/ Case Studies [4 Days] Per Person \$3,750 Executive Health Seminar Series: Wellbeing and Employee Productivity Enhancement Per Person \$2,350 Training on Self Care in Hypertension and Diabetes [3 Days] Per Person \$1,900 American Red Cross Certification: Training Program in First Aid/CPR / Basic Life Support BLS/Technique [3 Days] Per Person \$2,700 Training Program in Patient Hospitality & Concordance [2 Days] Per Person \$2,450 International Certification Training Program in Immunization APhA (USA) [3 Days] \$1,800* Health and Safety Course for Managers and Staffers 	 [4 Days] Per Person \$3,250 Responsibility, Authority and Accountability [2 Days] Per Person \$2,450 Management and Organizational Behaviour (MOB) [2 Days] Per Person \$2,100 Medication Therapy Management and Disease State Management: Diabetes, Asthma, Hypertension, Cancer [4 Days] Per Person \$2,900 Training on Counselling and Care of HIV/AIDS Patients (APhA USA Certification) [2 Days] Per Person \$2,450* American Red Cross Certification: Training Program in First Aid/CPR/BLS [3 Days] Per Person \$2,990 Health and Safety Course for Managers and Staffers [3 Days] Per Person \$2,875 EBOLA MITIGATION – Hand washing, Personal Hygiene and Asepsis

Method of Payment: Participants should please send an email to training@livewellng.org indicating your course of choice and request for an invoice from LiveWell Initiative LWI, FBA Suites, Plot 5 Yesuf Abiodun Way, Oniru Rd, Victoria Island, Lagos. *Group Discounts and Early-bird Discounts available Contacts: 08033265802, 07041442634-38 training@livewellng.org, programmes@livewellng.org, info@livewellng.org, <a href="mailto:info@livewelln

EBOLA MITIGATION – Hand washing, Personal Hygiene and

Asepsis

[2 Days] \$1500 per programme

Research Methodology and Biostatistics

LWIA INPLANTS GROUP TRAINING CALENDAR 2015

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LAGOS | PORT HARCOURT | DUBAI

LAGOS PORT H	AKCUUKI DUBAI
Quarter 1: January – March 2015	Quarter 2: April – June 2015
Self-Branding & Superior Communication Skills (AM). Etiquette, Body	Logistics Chain Management
Language & Simple courtesies (PM)	20giotico Citam Management
[1 Day] Per Group N288,500 (full day)/ N187,500 per session	[1 Day] Per Group 425,000
American Red Cross Certification: Training Program in First	 Health and Safety Training for Office Assistants, Cleaners, Junior
Aid/CPR/BLS Basic Life Support	and Domestic Employees
[1 Day] Per Group N375,000	[1 Day] Per Group from N235,000
Nutrition and Wellness Seminar for Today's Executives	Wellness Champions Training and Certification Course – for
[1 Day] Per Group N250,000	companies & conglomerates
International Certification Training Program in Immunization	[2 Days] Per Group from N525,000
APhA (USA)	Training on Self Care in Diabetes and Hypertension
[2 Days] N1,150,000	[1 Day] Per Group N320,000
Executive Health Seminar Series: Balancing Work and Life 12.	Project Management in Healthcare
[1 Day] Per Group N375,000	[1 Day] Per Group from N425,000
Advanced Health Promotion and Pre Screening – A specialised A special sed	Medication Therapy Management and Disease State
health forum	Management: Diabetes Education, APhA (USA) Certification
[1 Day] Per Group from N350,000	[2 Days] Per Group from N675,000
Health, Safety and Environment Training The Court form NATE 000	American Red Cross Certification: Training Program in First Add (CDD (Decid Life Suggest)
[1 Day] Per Group form N375,000	Aid/CPR/Basic Life Support [1 Day] Per Group N375,000
Drivers' and Transport Officers' Health and Safety Course Drivers' and Transport Officers' Health and Safety Course	
[1 Day] Per Group from N350,000	 Executive Health Seminar Series: Balancing Work and Life [1 day] Per Group N375,000
EBOLA MITIGATION – Hand washing and Asepsis [1 Day] N150,000 per programme	Safety in the Workplace
Research Methodology and Biostatistics	[1 Day] Per Group N226,500
[1 Day] Per Group from N335,000 *	Emotional Intelligence and Coping Skills
[1 Day] Fel Gloup Holl N555,000	[1 Day] Per Group from N285,000
Quarter 3: July – September 2015	Quarter 4: October – December 2015
Goal Setting and Project Management Skills	Project Performance Management
Goal Setting and Project Management Skills [1 Day] Per Group N265,000	Project Performance Management [1 Day] Per Group N375,000
Goal Setting and Project Management Skills [1 Day] Per Group N265,000	Project Performance Management [1 Day] Per Group N375,000 • Responsibility, Authority and Accountability
Goal Setting and Project Management Skills [1 Day] Per Group N265,000 • Training program on Adherence, Concordance and Clinical	Project Performance Management [1 Day] Per Group N375,000 • Responsibility, Authority and Accountability [1 Day] Per Group N265,000
Goal Setting and Project Management Skills [1 Day] Per Group N265,000 • Training program on Adherence, Concordance and Clinical Governance	Project Performance Management [1 Day] Per Group N375,000 • Responsibility, Authority and Accountability
Goal Setting and Project Management Skills [1 Day] Per Group N265,000 • Training program on Adherence, Concordance and Clinical Governance [1 Day] Per Group N385,000	Project Performance Management [1 Day] Per Group N375,000 • Responsibility, Authority and Accountability [1 Day] Per Group N265,000 • Management and Organizational Behaviour (MOB)
Goal Setting and Project Management Skills [1 Day] Per Group N265,000 Training program on Adherence, Concordance and Clinical Governance [1 Day] Per Group N385,000 Executive Health Seminar Series: Balancing Work and Life	Project Performance Management [1 Day] Per Group N375,000 • Responsibility, Authority and Accountability [1 Day] Per Group N265,000 • Management and Organizational Behaviour (MOB) [1 Day] Per Group N285,000
Goal Setting and Project Management Skills [1 Day] Per Group N265,000 Training program on Adherence, Concordance and Clinical Governance [1 Day] Per Group N385,000 Executive Health Seminar Series: Balancing Work and Life Per Group N375,000	Project Performance Management [1 Day] Per Group N375,000 • Responsibility, Authority and Accountability [1 Day] Per Group N265,000 • Management and Organizational Behaviour (MOB) [1 Day] Per Group N285,000 • Training on Cervical Cancer Screening, Prevention and Early
Goal Setting and Project Management Skills [1 Day] Per Group N265,000 Training program on Adherence, Concordance and Clinical Governance [1 Day] Per Group N385,000 Executive Health Seminar Series: Balancing Work and Life Per Group N375,000 Training on Self Care in Hypertension and Diabetes	Project Performance Management [1 Day] Per Group N375,000 • Responsibility, Authority and Accountability [1 Day] Per Group N265,000 • Management and Organizational Behaviour (MOB) [1 Day] Per Group N285,000 • Training on Cervical Cancer Screening, Prevention and Early Detection VIA
Goal Setting and Project Management Skills [1 Day] Per Group N265,000 Training program on Adherence, Concordance and Clinical Governance [1 Day] Per Group N385,000 Executive Health Seminar Series: Balancing Work and Life Per Group N375,000 Training on Self Care in Hypertension and Diabetes [1 Day] Per Group N320,000 American Red Cross Certification: Training Program in First Aid/CPR / Basic Life Support BLS	Project Performance Management [1 Day] Per Group N375,000 • Responsibility, Authority and Accountability [1 Day] Per Group N265,000 • Management and Organizational Behaviour (MOB) [1 Day] Per Group N285,000 • Training on Cervical Cancer Screening, Prevention and Early Detection VIA [1 Day] Per Group N225,000* • Training on Management of Cold, Flu, Asthma and other Respiratory Infections
Goal Setting and Project Management Skills [1 Day] Per Group N265,000 Training program on Adherence, Concordance and Clinical Governance [1 Day] Per Group N385,000 Executive Health Seminar Series: Balancing Work and Life Per Group N375,000 Training on Self Care in Hypertension and Diabetes [1 Day] Per Group N320,000 American Red Cross Certification: Training Program in First	Project Performance Management [1 Day] Per Group N375,000 • Responsibility, Authority and Accountability [1 Day] Per Group N265,000 • Management and Organizational Behaviour (MOB) [1 Day] Per Group N285,000 • Training on Cervical Cancer Screening, Prevention and Early Detection VIA [1 Day] Per Group N225,000* • Training on Management of Cold, Flu, Asthma and other Respiratory Infections [1 Day] Per Group N175,000
Goal Setting and Project Management Skills [1 Day] Per Group N265,000 Training program on Adherence, Concordance and Clinical Governance [1 Day] Per Group N385,000 Executive Health Seminar Series: Balancing Work and Life Per Group N375,000 Training on Self Care in Hypertension and Diabetes [1 Day] Per Group N320,000 American Red Cross Certification: Training Program in First Aid/CPR / Basic Life Support BLS [1 Day] Per Group N375,000 Pain Management	Project Performance Management [1 Day] Per Group N375,000 • Responsibility, Authority and Accountability [1 Day] Per Group N265,000 • Management and Organizational Behaviour (MOB) [1 Day] Per Group N285,000 • Training on Cervical Cancer Screening, Prevention and Early Detection VIA [1 Day] Per Group N225,000* • Training on Management of Cold, Flu, Asthma and other Respiratory Infections [1 Day] Per Group N175,000 • Medication Therapy Management and Disease State
Goal Setting and Project Management Skills [1 Day] Per Group N265,000 Training program on Adherence, Concordance and Clinical Governance [1 Day] Per Group N385,000 Executive Health Seminar Series: Balancing Work and Life Per Group N375,000 Training on Self Care in Hypertension and Diabetes [1 Day] Per Group N320,000 American Red Cross Certification: Training Program in First Aid/CPR / Basic Life Support BLS [1 Day] Per Group N375,000 Pain Management [1 Day] Per Group N265,000	Project Performance Management [1 Day] Per Group N375,000 • Responsibility, Authority and Accountability [1 Day] Per Group N265,000 • Management and Organizational Behaviour (MOB) [1 Day] Per Group N285,000 • Training on Cervical Cancer Screening, Prevention and Early Detection VIA [1 Day] Per Group N225,000* • Training on Management of Cold, Flu, Asthma and other Respiratory Infections [1 Day] Per Group N175,000 • Medication Therapy Management and Disease State Management: Diabetes, Asthma, Hypertension, Cancer
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[1 Day] Per Group from N335,000*