

# Corporate Health Lagos Veg Fest

October 12<sup>th</sup>, 2014



# The Philips Centre for Health & Well-being

## Our strategy and ambition

- To improve the quality of people's lives everywhere, everyday.
- We are a healthcare organization, and have the ambition to contribute to the health and well-being of our employees.
- We walk the talk!

# Top 3 aspects for Corporate Health



**Family-life**



# Top causes of poor Corporate Health



# 4 Great Ways to Help as a Corporate!



1 Mini-health Checks



3 Work-life balance



2 Offer Healthy Food Options



4 Working mother solutions

# Philips Products that promote Healthy Living



**Philips Air fryer**  
*Fry with little to no oil*



**Philips Avance Juicer**



**Philips Steamer**



Thank You!