**1. HEALTH PROMOTION AND EDUCATION**

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<th>Event Description</th>
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<tbody>
<tr>
<td>Training Program in First Aid/CPR with American Red Cross Certification 1 Day, N30,000 for Healthcare Professionals, Bankers and Logisticians OGUN STATE</td>
<td>18</td>
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<tr>
<td>Training Program in HIV/AIDS treatment and counseling. 1 Day, N30,000</td>
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<td>17</td>
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<tr>
<td>Medication Therapy Management, MTM and Disease State Management: Diabetes Education. 2 Days, N35,000</td>
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<td>22-23</td>
<td>17-18</td>
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<td>14-15</td>
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<tr>
<td>International Certification Training Program in Immunization APHA (USA) Certification. 2 days, N75,000</td>
<td>25-26</td>
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<tr>
<td>Health and Safety Course for Managers and Staffers.1 Day, Per Group (N235,000), per person (N15,500)</td>
<td>24-26</td>
<td>22-24</td>
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<tr>
<td>Training on Cervical Cancer Screening, Prevention and Early Detection using VIA. 1 Day N22,500 for Nurses, doctors and healthcare givers</td>
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<tr>
<td>EBOLA MITIGATION: Personal Hygiene, Hand Washing and Asepsis. 1 Day N150,000 (Group)</td>
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<td>17</td>
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<tr>
<td>Training on Management of Cold, Flu, Asthma and others. 1 Day N17,500</td>
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<tr>
<td>Pain Management. 1 Day N15,000</td>
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<tr>
<td>Training on Self Care in Hypertension and Diabetes. *** 1 Day N15,000</td>
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<td>15-16</td>
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<tr>
<td>Safety in the Workplace. 1 Day Per group (N226,500), Per person (N13,500).</td>
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<td>12</td>
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<tr>
<td>Health and Safety Training for office assistants, cleaners, junior and domestic employees. 1 Day Per group (N235,000), per person N15,500</td>
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<td>10-12</td>
<td>17-19</td>
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<tr>
<td>Health, Safety and Environment HSE Training. 1 Day. Per group N250,000, Per person N12,500</td>
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<tr>
<td>Wellness Champions Certification Training for Companies &amp; Conglomerates, 2 Days. Per group N500,000, Per person N35,000</td>
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<td>8-10</td>
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<tr>
<td>Drivers and Transport Officers’ Health and Safety course. 1 Day Per Group N235,000, Per Person N15,500</td>
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<tr>
<td>Advanced Health Promotion and Pre Screening: a specialized health forum. Per group N250,000, Per Person N12,500.</td>
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<tr>
<td>Nutrition and Wellness Seminar for today’s Executives. 1 Day Per group N250,000, per person N10,500</td>
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**2. BEHAVIOURAL AND SOCIAL SCIENCES.**

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<th>Event Description</th>
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<tbody>
<tr>
<td>Self Branding and Superior Communication Skills. 1 Day N18,500</td>
<td>16</td>
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<tr>
<td>Etiquette, Body Language and Simple Courtesies. 1 Day N18,500</td>
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<tr>
<td>Training Program on Patient Hospitality. 1 Day N17,500</td>
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<tr>
<td>Training Program on Adherence, Concordance and Clinical Governance. 1 Day, N17,500</td>
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<tr>
<td>Emotional intelligence and coping skills . 1 Day Per group N235,000, Per person N15,500</td>
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<tr>
<td>Executive Health Seminar series: Balancing Work and Life, 1 Day Per Group N250,000, Per person N10,500</td>
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**3. MANAGEMENT AND ADMINISTRATION.**

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<th>Event Description</th>
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<tr>
<td>Management and Organizational Behavior (EI) 1 Day, N15,500</td>
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<tr>
<td>Goal Setting. 1 Day. N13,500</td>
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<tr>
<td>Responsibility, Authority and Accountability. 1 Day N17,500</td>
<td>20</td>
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<tr>
<td>Project Management in Healthcare. 1 Day, N15,000</td>
<td>7</td>
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<td>Project Performance Management. 1 Day, N30,000</td>
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<tr>
<td>Logistics Chain Management. 1 Day, N15,500</td>
<td>19</td>
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**4. EPIDEMIOLOGY/BIOSTATISTICS**

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<th>Event Description</th>
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<tbody>
<tr>
<td>Research Methodology and Biostatistics. 1 Day Per Group (235,000) Per Person N15,500.</td>
<td>27</td>
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**5. OPEN FACULTY**

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<tbody>
<tr>
<td>Internships.- fees from N20,000 (see brochure)</td>
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<td>Student Exchange Programme.- fees from USD 150 (see brochure)</td>
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<tr>
<td>Work Experience Internships (Matured Managers). ***</td>
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**Fees from USD 125 (see brochure)**

***demand-driven courses, customized dates; minimum class of so people will determine date***

***self care does not replace hospital care; it only supports it***
**Quarter 1: January – March 2015**

- Self Branding & Superior Communication Skills (AM), Etiquette, Body Language & Simple courtesies (PM)
- [1 Day] Per Group N288,500 (full day) / N187,500 per session
- American Red Cross Certification: Training Program in First Aid/CPR/BLs Basic Life Support
- [1 Day] Per Group N375,000
- Nutrition and Wellness Seminar for Today’s Executives
- [1 Day] Per Group N250,000
- International Certification Training Program in Immunization APhA (USA)
- **[2 Days]** N1,150,000
  - Executive Health Seminar Series: *Balancing Work and Life*
- [1 Day] Per Group N375,000
  - Advanced Health Promotion and Pre Screening – A specialised health forum
- [1 Day] Per Group from N350,000
  - Health, Safety and Environment Training
- [1 Day] Per Group from N375,000
  - Drivers’ and Transport Officers’ Health and Safety Course
- [1 Day] Per Group from N350,000
  - EBOLA MITIGATION – Handwashing and Asepsis
- [1 Day] N150,000 per programme
  - Research Methodology and Biostatistics
- [1 Day] Per Group from N335,000 *

**Quarter 2: April – June 2015**

- Logistics Chain Management
- [1 Day] Per Group N425,000
- Health and Safety Training for Office Assistants, Cleaners, Junior and Domestic Employees
- [1 Day] Per Group from N235,000
- Wellness Champions Training and Certification Course – for companies & conglomerates
- [2 Days] Per Group from N525,000
- Training on Self Care in Diabetes and Hypertension
- [1 Day] Per Group N320,000
- Project Management in Healthcare
- [1 Day] Per Group from N425,000
- Medication Therapy Management and Disease State Management: Diabetes Education, APhA (USA) Certification
- [2 Days] Per Group from N675,000
- American Red Cross Certification: Training Program in First Aid/CPR/Basic Life Support
- [1 Day] Per Group N375,000
- Executive Health Seminar Series: *Balancing Work and Life*
- [1 Day] Per Group N375,000
  - Safety in the Workplace
- [1 Day] Per Group N225,500
  - Emotional Intelligence and Coping Skills
- [1 Day] Per Group from N285,000

**Quarter 3: July – September 2015**

- Goal Setting and Project Management Skills
- [1 Day] Per Group N265,000
  - Training program on Adherence, Concordance and Clinical Governance
- [1 Day] Per Group N385,000
  - Executive Health Seminar Series: *Balancing Work and Life*
- Per Group N375,000
  - Training on Self Care in Hypertension and Diabetes
- [1 Day] Per Group N320,000
  - American Red Cross Certification: Training Program in First Aid/CPR/Basic Life Support BLS
- [1 Day] Per Group N375,000
  - Pain Management
- [1 Day] Per Group N265,000
  - Training Program in Patient Hospitality
- [1 Day] Per Group N375,000
  - International Certification Training Program in Immunization APhA (USA)
- **[2 Days]** N1,150,000
  - EBOLA MITIGATION – Handwashing and Asepsis
- [1 Day] N150,000 per programme
  - Health and Safety Course for Managers and Staffers
- [1 Day] Per Group from N235,000
  - EBOLA MITIGATION – Handwashing, Personal Hygiene and Asepsis
- [1 Day] N150,000 per programme
  - Research Methodology and Biostatistics
- [1 Day] Per Group from N335,000 *

**Quarter 4: October – December 2015**

- Project Performance Management
- [1 Day] Per Group N375,000
  - Responsibility, Authority and Accountability
- [1 Day] Per Group N265,000
  - Management and Organizational Behaviour (MOB)
- [1 Day] Per Group N285,000
  - Training on Cervical Cancer Screening, Prevention and Early Detection VIA
- [1 Day] Per Group N175,000
  - Training on Management of Cold, Flu, Asthma and other Respiratory Infections
- [1 Day] Per Group N175,000
  - Medication Therapy Management and Disease State Management: Diabetes, Asthma, Hypertension, Cancer
- [2 Days] Per Group N385,000
  - Training on Counselling and Care of HIV/AIDS Patients (APhA USA Certification)
- [2 Days] Per Group N575,000
  - American Red Cross Certification: Training Program in First Aid/CPR/BLS
- [1 Day] Per Group N375,000
  - Health and Safety Course for Managers and Staffers
- [1 Day] Per Group from N235,000
  - EBOLA MITIGATION – Handwashing, Personal Hygiene and Asepsis
- [1 Day] N150,000 per programme

**Method of Payment:** Participants should send a mail to **training@livewellng.org** indicating their course of choice and request for an invoice from LiveWell Initiative LWI, FBA Suites, Plot 5 Yesuf Abiodun Way, Oniru Rd, Victoria Island, Lagos. *Group Discounts and Early-bird Discounts available.*

**Contacts:** 08033265802, 07041442634-38; **training@livewellng.org, programme@livewellng.org, info@livewellng.org**

**Standard Group Size:** is 20-25 people including Officials

*Indicates a Group size of 10 people*
### Quarter 1: January – March 2015
- [3 Days] Per Person $2,500
- American Red Cross Certification: Training Program in First Aid/CPR/Basic Life Support / Techniques
- [3 Days] Per Person $2,700
- Nutrition and Wellness Retreat Seminar for Today's Executives
- [4 Days] Per Person $2,795
- International Certification Training Program in Immunization APhA (USA)
- [3 Days] Per Person $1,800 *
- Executive Health Seminar and Retreat: Balancing Work and Life
- [5 Days] Per Person $3,200
- Health, Safety and Environment Training
- [2 Days] Per Person $2,875
- Drivers' and Transport Officers' Health and Safety Course
- [2 Days] Per Person $1,800
- EBOLA MITIGATION – Handwashing and Asepsis
- [2 Days] Per Person $1,500
- Research Methodology and Biostatistics
- [2 Days] Per Person $2,900

### Quarter 2: April – June 2015
- Logistics Chain Management
  - [3 Days] Per Person $2,900
- Health and Safety Training for Office Assistants, Cleaners, Junior and Domestic Employees
  - [2 Days] Per Person $1,950
- Wellness Champions Training and Certification Course – for companies & conglomerates
  - [2 Days] Per Person $1,600*
- Training on Self Care in Diabetes and Hypertension
  - [2 Days] Per Person $1,900*
- Project Management in Healthcare
  - [5 Days] Per Person $2,750
- Medication Therapy Management and Disease State Management: Diabetes Education, APhA (USA) Certification
  - [2 Days] Per Person $2,100
- American Red Cross Certification: Training Program in First Aid/CPR/Basic Life Support / Techniques
  - [3 Days] Per Person $2,700
- Executive Health Seminar and Retreat: Balancing Work and Life
  - [5 Days] Per Person $3,200
- Safety in the Workplace
  - [3 Days] Per Person $2,100
- Emotional Intelligence and Negotiating Skills
  - [2 Days] Per Person $2,400

### Quarter 3: July – September 2015
- Advanced Strategic and Project Management Skills
  - [3 Days] Per Person $3,750
- Training program on Adherence, Concordance and Clinical Governance in Health Systems/Case Studies
  - [4 Days] Per Person $3,750
- Executive Health Seminar Series: Wellbeing and Employee Productivity Enhancement
  - Per Person $2,350
- Training on Self care in Hypertension and Diabetes
  - [3 Days] Per Person $1,900
- American Red Cross Certification: Training Program in First Aid/CPR / Basic Life Support BLS/Technique
  - [3 Days] Per Person $2,700
- Training Program in Patient Hospitality & Concordance
  - [2 Days] Per Person $2,450
- International Certification Training Program in Immunization APhA (USA)
  - [3 Days] $1,800*
- Health and Safety Course for Managers and Staffers
  - [3 Days] Per Person $2,500
- EBOLA MITIGATION – Handwashing, Personal Hygiene and Asepsis
  - [2 Days] $1,500 per programme
- Research Methodology and Biostatistics
  - [2 Days] Per Person $2,900

### Quarter 4: October – December 2015
- Project Performance Management and Strategic Forecasting Techniques
  - [4 Days] Per Person $3,250
- Responsibility, Authority and Accountability
  - [2 Days] Per Person $2,450
- Management and Organizational Behaviour (MOB)
  - [2 Days] Per Person $2,100
- Medication Therapy Management and Disease State Management: Diabetes, Asthma, Hypertension, Cancer
  - [4 Days] Per Person $2,900
- Training on Counselling and Care of HIV/AIDS Patients (APhA USA Certification)
  - [2 Days] Per Person $2,450*
- American Red Cross Certification: Training Program in First Aid/CPR/BLS
  - [3 Days] Per Person $2,990
- Health and Safety Course for Managers and Staffers
  - [3 Days] Per Person $2,875
- EBOLA MITIGATION – Handwashing, Personal Hygiene and Asepsis
  - [2 Days] $1,500 per programme

Method of Payment: Participants should please send an email to training@livewellng.org indicating your course of choice and request for an invoice from LiveWell Initiative LWI, FBA Suites, Plot 5, Yusef Abiodun Way, Oniru Rd, Victoria Island, Lagos. *Group Discounts and Early-bird Discounts available

Contacts: 08033265802, 07041442634-38 training@livewellng.org, programmes@livewellng.org, info@livewellng.org

*Courses applicable in Lome and Accra only