



# Connecting health to the work environment

-Two years of sampling and analysis across some major cities in Nigeria

by

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## About the “Connecting the Work Environment with Health Report”

The report is the outcome of the analysis of data collected for over two years by LiveWell Initiative (LWI).

Demographic data was collected across different industries including Banking, Insurance, Open markets, telecommunications, the print media etc.

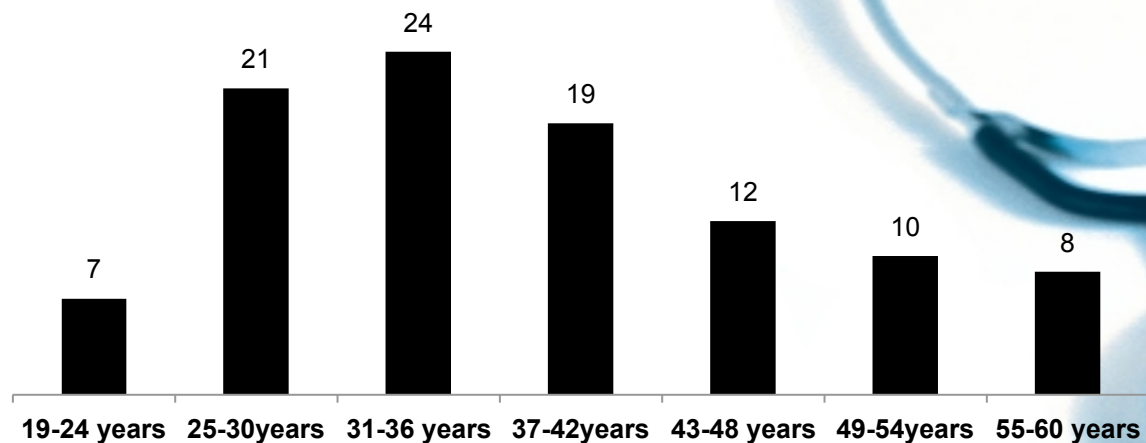
Data on age, sex, Body Mass Index (BMI), Blood Pressure (BP) were collected from all locations visited by LWI.

The analysis of data was done by BusinessDay’s Research and Intelligence Unit.

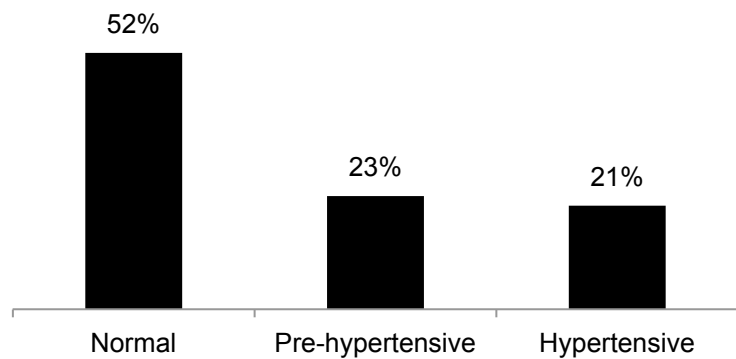


## Demographic characteristics of screened individuals

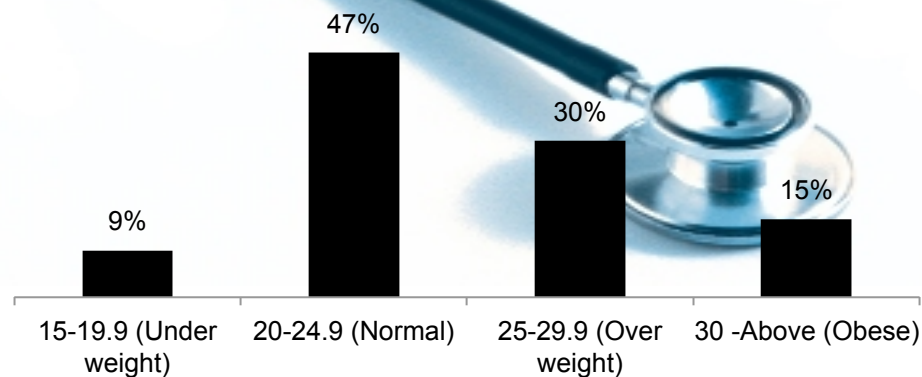
Age distribution of those screened (%)



BP distribution across screened

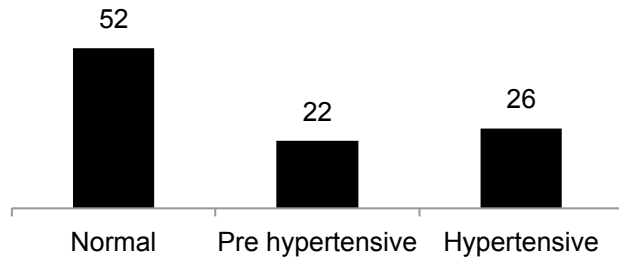


BMI distribution across screened

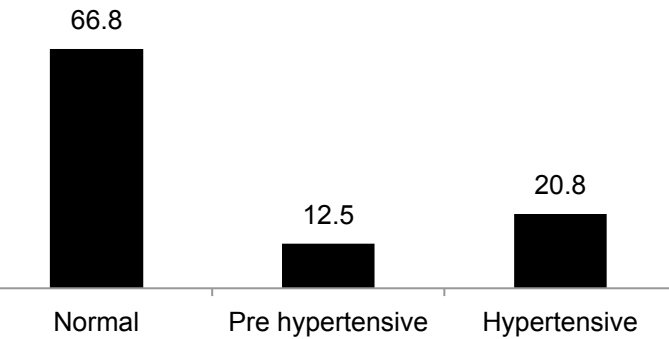


## General BP Counts

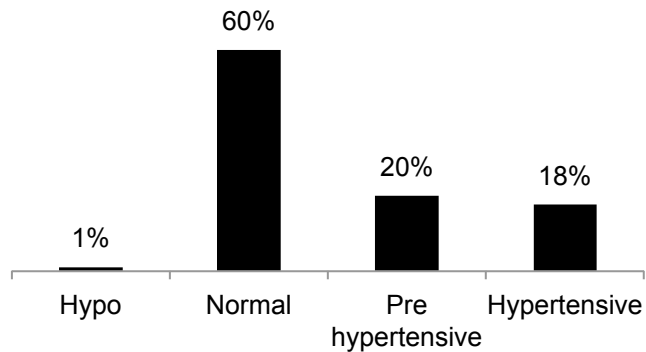
BP for traders at Sura market (%)



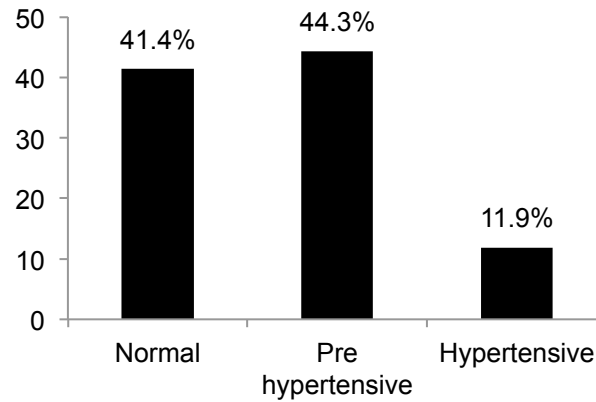
BP of Media respondents (%)



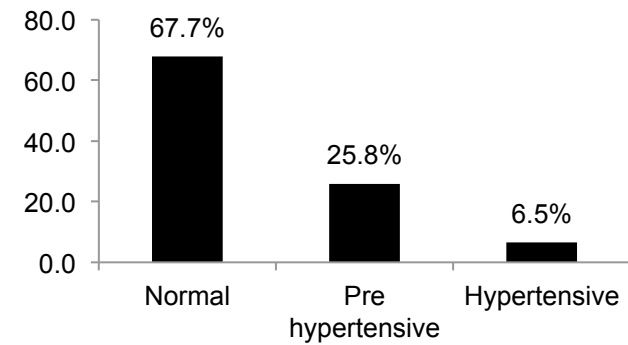
Insurance sector BP figures



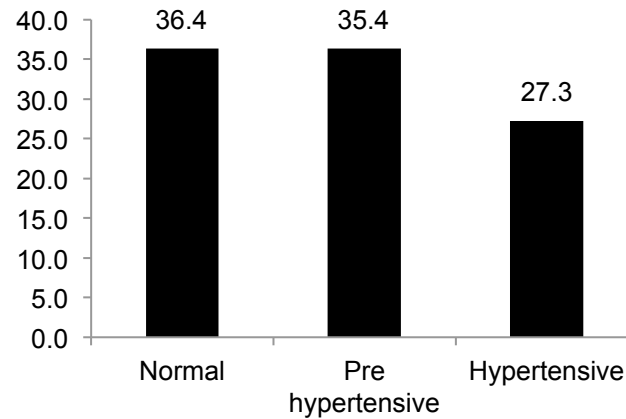
BP data, Banking sector



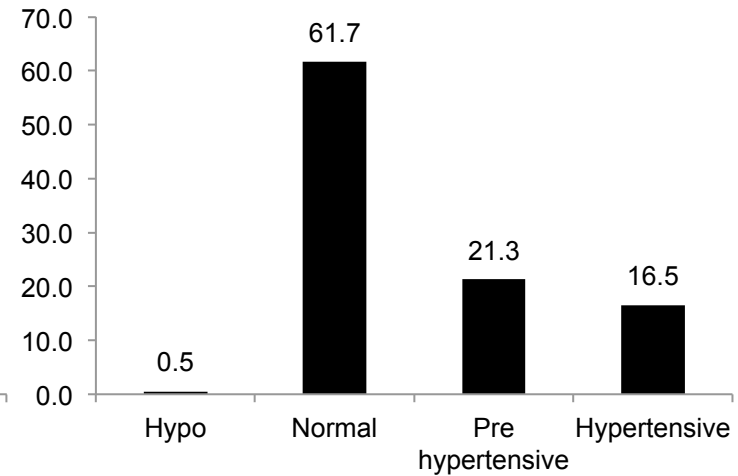
BP data for the orphanage community



BP distribution in the telecoms sector (%)



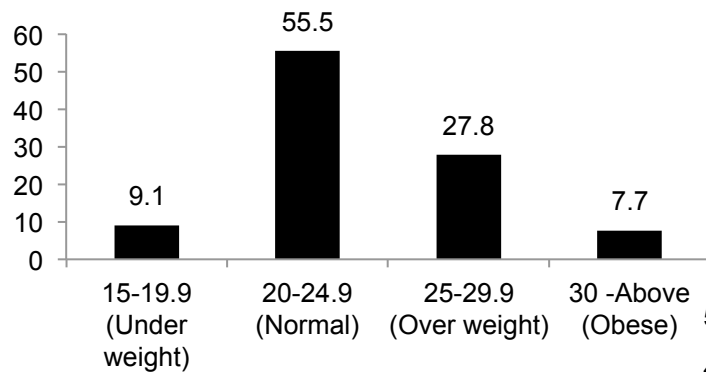
BP of unorganised market (%)



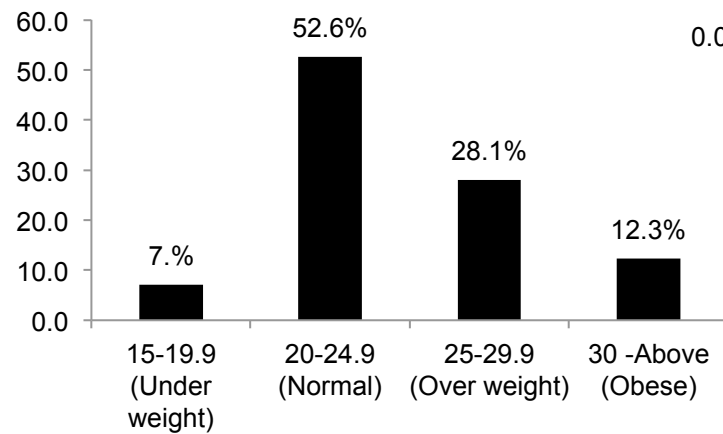
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## Weight counts of screened individuals

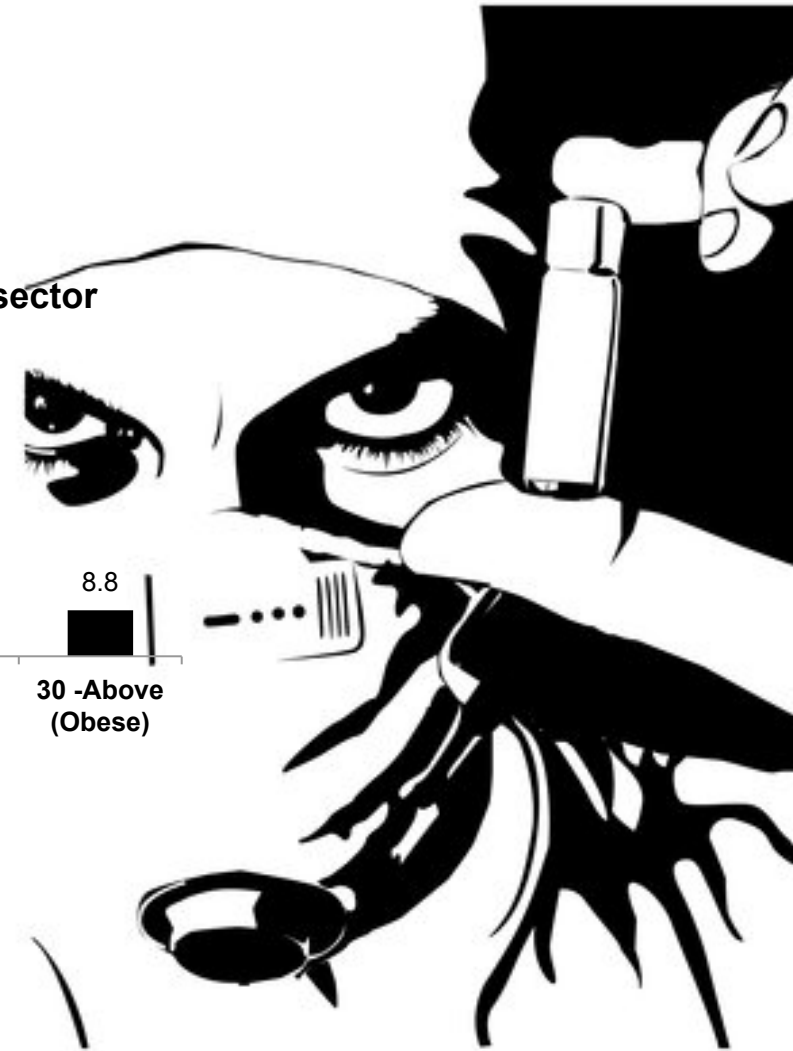
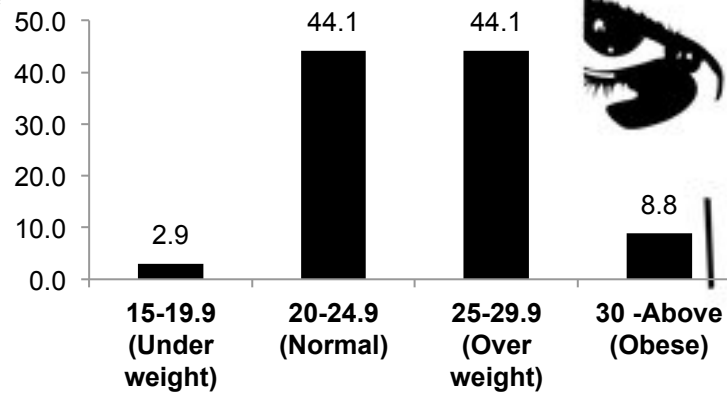
Weight figures, banking



Weight figures, Insurance



Weight figures, telecoms sector (%)





## What you will see in the report

1. You will see the level of stress across industries
2. You will see what age brackets are affected by stress the most
3. You will see the distribution of stress and weight across gender
4. You will get to know why some industries are more stressed than other
5. You will get recommendations on how to reduce your stress level



# THANK YOU

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